Partner with your gym or your favorite instructor to host a virtual fitness fundraiser to benefit NBTS!

1. **Let Us Know**
   Email CommunityEvents@braintumor.org to get started. We'll provide you with resources and help you set up a donation page.

2. **Ask your Gym or a Licensed Instructor**
   Ask your gym or favorite licensed instructor to host a virtual fitness class to benefit NBTS.

3. **Choose a Platform & Donation Amount**
   Work with the gym or instructor to choose a streaming platform such as Facebook/Instagram Live or Youtube, and consider setting a suggested, but optional, donation amount for people to participate.

4. **Promote & Host Your Workout**
   Partner with the gym or instructor to promote the class and to encourage regular members or clients to take part. Host the workout and encourage the instructor to give live shoutouts during the class to participants and donors.

5. **Make Your Donation**
   Collect any donations not made to your donation page and send them to NBTS via check or by making a donation directly to your page.