

Brain Tumor Recurrence



SECOND OPINION

- Is it safe to delay treatment to pursue a second opinion regarding my [recurrence](#)?
- Who would you recommend for a second opinion?
- Should I consider visiting a [National Cancer Institute Designated Cancer Center](#)?
- Who are the top three clinical and research experts on recurrence for my tumor type?
- How do I obtain access to my medical records? Can I get copies or access my electronic file? (This can help when you meet a new specialist or if you'd like another opinion.)
- Would you be willing to work with another provider in a collaborative manner should I pursue a second opinion elsewhere?

TREATMENT

- What are the treatment options for [brain tumor recurrence](#), and are they different from the treatment for my original tumor?
- What are the risks and benefits of the [treatment options](#) you suggest?
- Are the treatment options suggested available at this center? If not, what center do you suggest I go to for treatment?

- Do I qualify for any available clinical trials and, if so, what are they testing? Does that include trials outside of this institution? (You can also visit the [NBTS Clinical Trial Finder](#) to search for clinical trials you might qualify for.)
- What are [novel treatments](#), and are there any you would recommend for my specific case?
- Who on my care team will be responsible for my follow-up care?

QUALITY OF LIFE

- What is [palliative care](#)?
- [What is the difference between palliative and hospice care?](#)
- Can we discuss a plan for quality of life and [palliative care](#)?
- Will I have access to social work support who can provide guidance and assistance?
- Are there any vitamins, nutritional recommendations, or complementary therapies you suggest to improve my quality of life and general health?
- What should I be watching for to call for immediate help?
- How will we address [mental health support](#) for me and my [caregiver](#)?

