Key Questions to Ask Your Doctor



Survivorship After Treatment

- What can I expect now that I am done with treatment?
- What is my plan for long-term follow-up care and appointments?
- Can we discuss a plan for quality of life and palliative care?
- How will we address <u>mental health support</u> for me and my <u>caregiver</u>?
- What are the long-term side effects I could experience?
- Are there any vitamins, nutritional recommendations, or complementary therapies you suggest to improve my quality of life and general health?
- When will I be able to return to work? Will I need any accommodations? Do you have any information for my employer/HR team that will help them support me at work?
- Will I need to navigate long-term <u>Social</u> <u>Security Disability Insurance (SSDI)</u>, and who can help me do that?
- Is there a social worker on staff who can provide guidance and assistance?
- Can I drive, or will I be able to drive eventually? What do I need to do to be cleared to drive again? Can you recommend any local transportation assistance programs?



- Can you suggest <u>support groups</u>, <u>financial</u>
 <u>assistance services</u>, and/or a cancer
 resource center in the area for me and my
 caregiver?
- Does your health system offer spiritual support through a spiritual care advisor?
- How can I become more involved in <u>advocacy</u> for patients with brain tumors and their care partners?

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