

5,000 Steps Toward Breakthroughs

This year, you are encouraged to track your walk through the 100-acre zoo on event day! By downloading the **Good Move fundraising app**, you can track your steps during your self-guided tour of the zoo. This fun feature will allow you to ask your donors to sponsor your 5,000-step activity challenge with their donations!

Step 1: Download the Good Move app on the <u>Apple</u> or <u>Google Play Store</u>.





Apple App Store



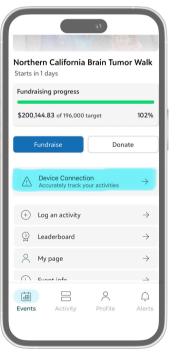
Google Play Store

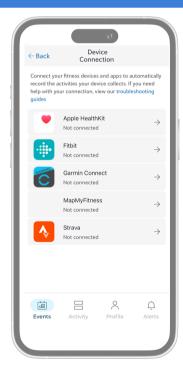
Step 2: Log in to the app using the email address you used to register for the 2025 Northern Brain Tumor Walk & Race.

Step 3:

In the "Device Connection" page on the app, connect any external activity trackers you may be using on your mobile device. (Apple HealthKit, FitBit, Garmin, MapMyFitness or Strava)

Once connected, your phone will automatically track your walk or roll through the San Francisco Zoo on Saturday, June 14!





Step 4:

If you do not use any of these activity trackers, you can also manually add your walk or roll activity after you finish your Zoo walk on June 14th!

	Device Connection				Cancel	Walk	Save
Ä	Accurately track your activities	\rightarrow			Enter you	r total step count	
(+)	Log an activity	\rightarrow		Manual entry No tracker? No problem! Record your activity within the app.	5000		
Ð	Log an activity	-			Date completed		
	Leaderboard	\rightarrow	L		06/12/25		ŧ
8	My page	\rightarrow	ľ	Add activity	Time com	pleted	
i	Event info	\rightarrow			11:24 AM		0
					Tell us abo	out your activity (Optional)	
ı ج	Point system	\rightarrow			Rode my	Peloton, Yoga	